

**Course Outline**  
**Becoming a Rational Humanist Mystic**  
**Rev. David Takahashi Morris**  
**Spring, 2012**

**April 5:** What do we mean by mysticism?

**April 19:** What does it *really* mean to be a humanist?

**May 3:** Practices of mysticism for the rational humanist

**May 17:** Exploring sources of mystical experience

**Class Outline for Each Session**

I. Opening question

A warm-up for one-to-one conversation

2. Poetics

Lyrical, emotional expressions

3. Analyses

Thoughts about meanings, taxonomy(ies), causes, and significance

4. Experiences

Descriptions of powerful moments of awareness and discernment

5. Closing question

A conversation in the light of the evening's explorations

**What to Bring**

Curiosity

Imagination

Open mind

Your own experiences

Gleanings from your own reading, thought, & exploration